

LYDIA COOK

Theatre Director and Maker

lydia.cook@hotmail.co.uk

www.lydia-cook.com



Director / Assistant Director

David Copperfield
Wri. Maike Akers
Dir. Sally Cookson

Theatre Royal Bath
Coming soon!
February 2026

Assistant Director

Ohio
Wri. The Bengsons
Dir. Caitlin Sullivan

Puppet Theatre Norwich,
Assembly Roxy Edinburgh,
Bristol Old Vic and
Young Vic, London.

Associate Director

How to win against history
Wri. Seiriol Davies, Matthew Blake &
Dylan Townley
Dir. Lisa Spirling

Bristol Old Vic,
Norwich Theatre Royal and
The Udderbelly Edinburgh Fridge
Festival.

Associate Director

Return to the Forbidden Planet
Wri. Bob Carlton

The Egg Theatre, Bath

Director

The Secret Life of Walter Mitty
Devised

Royal Welsh College of Music
and Drama
The Forget Me Not Cafe - St Edwards
Church, Cardiff

Director

Little Shop of Horrors Wri. Alan Menken & Howard Ashman	St Mary Redcliff	Director
Arabella hunt A New Musical Wri. Kath Haling	Hampton Court Palace, London and Kensington Palace, London	Director
Little Shop of Horrors Wri. Alan Menken & Howard Ashman	The Egg Theatre, Bath	Director
Tuesday Wri. Alison Carr	Tobacco Factory, Bristol	Director
A series of public apologies (in response to an unfortunate incident in the school lavatories) Wri. John Donnelly	Tobacco Factory, Bristol	Director
Oliver Twist Wri. Adam Peck Dir. Heidi Vaughan	Tabacco Factory, Bristol	Assistant Director
Holes (Chinese premier) Wri. Tom Basden	Ancient Courtyard Theatre, Wuzhen, China	Director
To show you I care Wri. Hannah Hewer	Short Film	Director
The Future Is Beige Wri. Hannah Ali Khan	Bristol Old Vic, Weston Studio	Director
Holes Wri. Tom Basden	Wardrobe Theatre	Director

Cthulhu Ascending
Wri. Max Kyte

Christchurch Studios

Director

Emilia
Dir. Sally Cookson

Circomedia, Bristol

Assistant Director

Facilitator

Visiting Director

Musical Theatre Workshop, Bath Theatre
Academy

Visting practitioner

Years 25 - 30, Young Company Bristol
Old Vic, Springboard show.

Workshop leader

Pitching workshop with the University of
Bristol and Bristol Old Vic

Workshop leader

Bath Theatre Royal ADHD Performing
Arts Workshop

Facilitator/Consultant

Bristol Unscripted project with Bristol
Old Vic and Black South West Network

Facilitator

Bristol Old Vic Young Company Global
Majority

Facilitator

Bristol Old Vic Young Company City

Facilitator

Bristol Old Vic Young Company

Facilitator

Young Theatre Makers, Tobacco Factory,
Bristol

Workshop leader

Bristol Old Vic young company Global
majority group

Youth Theatre

Pauline Quirke Academy

Youth Theatre

Stage Coach

Course Leader Performing Arts

Bristol Institute of Performing Arts

Acting teacher

Bristol Institute of Performing Arts

Training

MA Drama Directing

Bristol Old Vic Theatre School

BA Musical Theatre

Bristol Institution of Performing Arts

Vocal First Aid Training

Vocal Health Education